

STROKE

WITH STROKE EVERY SECOND MATTERS.



STROKE SUPPORT GROUP AT THE MOHAWK VALLEY HEALTH SYSTEM (MVHS)

The Stroke Support Group is an educational support group for stroke survivors and their caregivers that seeks to provide evidence-based information, mutual support, structure and resources that promote increased independence and quality of life. **The group will meet in person in the Auditorium at the Wynn Hospital, 111 Hospital Dr. Utica. Meetings can also be attended simultaneously on Zoom.** For more information, please call 315-917-8248.

The Stroke Support Group will meet the second Wednesday of every month at 6 p.m.

The dates for January 2026 through December 2026 are as follows:

- January 14, 2026 | **Stroke Team Member**
- February 11, 2026 | **Board Game Night**
- March 11, 2026 | **TBD**
- April 8, 2026 | **Stroke Team Member – Power of Plants**
- May 13, 2026 | **Gaelyn Bronson, MS, RD, CDN – Acute Care Dietician II**
- June 10, 2026 | **Kim Bonvicino, RN**
- July 8, 2026 | **Annual Summer Celebration**
- August 12, 2026 | **Stroke Team Member**
- September 9, 2026 | **Tara Gilroy PA, Structural Heart Coordinator**
- October 14, 2026 | **Caroline Jacobus – Director of Outpatient Diabetes Education and Prevention services**
- November 11, 2026 | **Bingo Extravaganza**
- December 9, 2026 | **Holiday Celebration**

Here's how to join the Zoom meeting:

Type the following link into your internet browser (Google Chrome, Microsoft Edge, etc.):

<https://zoom.us/j/93093437949?pwd=cUhCV3R4dGl1V1ByM1NaY2RqL0lEQj09>

OR go to zoom.us/join and enter the following meeting ID and passcode when prompted.

Meeting ID: 930 9343 7949

Passcode: U0XdKY

A step-by-step guide to using Zoom is also attached. Please call 315-917-8248 with any questions.

MVHS is the area's only designated Comprehensive Stroke Center. The MVHS Comprehensive Stroke Center is the recipient of the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus with Honor Roll quality achievement award with Target: Type 2 DiabetesSM Honor Roll for excellence in the care of stroke patients.



2016
GET WITH THE
GUIDELINES.
STROKE

TARGET: STROKE HONOR ROLL ELITE PLUS
GOLD PLUS



American Heart Association
American Stroke Association
life is why.